



## 2019 Satuit Boat Club Junior Sailing Program Registration Now Open

It's time to register for the 2019 Satuit Boat Club (SBC) Junior Sailing Season. We have a great season ahead of us. This includes brand new 420 boats from Zim Sailing! The club is very excited to once again provide this program to both members and non-members of the SBC. We expect the program to once again sell out this year so the sooner you register the more likely you are to secure a spot for the summer.

Our program is fun for both the novice and the returning veteran sailor looking to continue to hone their skills. Our goals are to teach the joys of sailing, and for those who wish to race, the thrill of competition. Our activities will promote the sport in all weather conditions, with boat handling and seamanship skills a part of each class. The program emphasizes fairness, equal opportunity, good sportsmanship and teamwork in a fun and safe environment. The SBC Junior Sailing Program and the Scituate Harbor Yacht Club Junior Sailing program share the same sailing areas and practice times and the race teams will scrimmage each other during the summer.

We anticipate that this year the program will start on Wednesday, June 19<sup>th</sup> and end on Friday August, 9<sup>th</sup>. Please note this could change depending on local area school schedules. There will be a pre-season information meeting held in June for all parents and sailors. That date will be confirmed in early-April. All classes are full summer sessions and there are no exceptions. Please note that a spot in classes will not be secured until payment is received and waiver is completed. ALL SAILORS WILL BE REQUIRED TO PASS A SWIM TEST THE FIRST WEEK OF THE PROGRAM.

Class details are below and a 2019 calendar and coach list will be available in April . If you have any questions about the program, please contact us at [JrSailing@satuitboatclub.net](mailto:JrSailing@satuitboatclub.net)

### 2019 CLASS SCHEDULE

Class	Days	Time	Member Rate	Non-Member Rate
Beginner Mercury	M, W	8:00 - 10:30	\$450	\$550
Beginner Mercury	T, Th	8:00 - 10:30	\$450	\$550
Intermediate Mercury	M, W	12:30 - 3:00	\$450	\$550
Intermediate Mercury	T, Th	12:30 - 3:00	\$450	\$550
Beginner Pram	M, W	8:00 - 10:30	\$450	\$550
Beginner Pram	T, Th	8:00 - 10:30	\$450	\$550
Beginner Pram	M, W	10:00 - 12:30	\$450	\$550
Beginner Pram	T, Th	10:00 - 12:30	\$450	\$550
Opti Green	M, W	8:30 - 12:00	\$650	\$775
Opti Green	T, Th	8:30 - 12:00	\$650	\$775
Opti Race Team	M, T, W, Th	12:30 - 4:00	\$975	\$1250
420 Green	M, W	8:30 - 12:00	\$650	\$775
420 Green	T, Th	8:30 - 12:00	\$650	\$775
420 Race Team	M, T, W, Th	12:30 - 4:00	\$1,200	\$1,650

## CLASS DESCRIPTIONS

### **Beginner and Intermediate Mercury**

Introduction to the sport of sailing through the use of the 14 ft Mercury. More stable than the 420 and perfectly built for all sailors. Whether the sailor is a novice or more skilled, this is a great class. This class is perfect for a student new to the sport or one more comfortable being in a boat with others. The Intermediate Mercury class will challenge the sailor slightly more and may provide the an opportunity to try the Pram or Opti during the season.

### **Beginner Pram**

Learn to sail in the club-owned Vanguard Prams. Students will learn in a recreational sailing atmosphere. They will learn the parts of a boat, points of sail, right of way rules and basic knots. In addition, they will learn how to rig and de-rig, points of sail, returning to the doc, and safety. Sailors may have the opportunity to move into an Opti during the season at the discretion of the Satuit Boat Club Junior Sailing program. The requirements for this class are the ability to swim and being comfortable being in a sailboat alone.

### **Opti Green**

Students will take their skills to a new level by sailing an Opti. Students will learn the points of sailing, right of way rules and basic knots. In addition, they will learn how to rig and de-rig, and, most importantly, how to stay safe on the water and how to safely capsize and right their boat. Students will be encouraged (but not required) to participate in several regattas as part of the Green Fleet (learn to race) this is a very casual racing atmosphere. Students are welcome and encouraged to have their own Opti stored at the Satuit Boat Club.

### **Opti Race Team**

This class is for the more serious Opti sailor who will compete in home and away regattas. Sailors will be exposed to stronger afternoon winds. There will be optional Friday training during the summer depending on the race schedule. Students are expected to have their own race boats and racing spars are recommended.

### **420 Green**

This class is for sailors who are new to 420s or who sailors who prefer to sail the 420 in a more casual environment. Sailors will be introduced to recreational sailing in high performance sailing dinghies using club-owned 420s, a two-person boat, where students will learn to function as both skipper and crew. As abilities permit, students will learn to rig and de-rig, fly spinnakers and use the trapeze. The goal is for students to continue to build confidence as crew and skipper and work toward improving their overall boat handling skills. As students' progress, racing skills will be introduced and developed with emphasis on both individual and team racing skills. It is recommended but not required that sailors weigh 100 lbs.

### **420 Race Team**

This class is for more experienced sailors who have already completed at least one season in 420s and will continue to build on skills learned. In particular, this class will focus on performance sailing and more advanced individual and team racing skills. This class is for the more serious sailor who will compete in home and away regattas, Sailors will be exposed to stronger afternoon winds. There will be optional Friday training during the summer depending on the race schedule

### **Junior Instructor (JI) Program**

We offer a Junior Instructor (JI) program for sailors who want to help our sailing staff teach lower level classes. In addition to being an additional set of eyes and hands, the JI program grooms our participants to become instructors at other clubs - a worthwhile and exciting job. **Requirements:** Potential participants in the JI program must apply for their positions in the Spring, and fulfill a first aid class requirement. Please contact [JrSailing@satuitboatclub.net](mailto:JrSailing@satuitboatclub.net) if interested.